

BOOKING & CANCELLATION POLICY

Prepayment in full is required to secure any appointment. Kindly give 24 hours notice of any change as a courtesy to our staff. Cancellation within 4 business hours incurs a 50% cancellation charge. An appointment no-show closes the prepaid order. Prepayments do not include gratuity (tips). Prepayments are nonrefundable.

YOUR EXPERIENCE

Guests are asked to complete required waivers and forms online in advance of an appointment. Plan to arrive 15 minutes prior to your scheduled appointment time. Arriving late will reduce your service time. Those interested in utilizing the sauna, please inform us at check-in or inform your service provider. Sauna time is appropriate after massage but not after facial treatments. Depending on the services you are to receive, a spa robe and flip-flops may be offered for your comfort along with a locker for personal belongings. Guests with appointments are welcome to a choice of complementary beverages prior to and/or after services with a two-drink maximum on alcoholic beverages. Guests and children without appointments are not permitted in the spa. Ensure a relaxing environment by silencing cell phones and refrain from telephone talk, rowdiness or noisy behavior. Please, use your "spa voice" when talking with staff or other guests.

SPECIALS + DISCOUNTS

Take advantage of monthly and seasonal specials by providing us your email address, enabling text notifications to your mobile number, and providing us your birth date. After your initial visit, you and your guests can enjoy 10% off services during your birthday month. Discounts cannot be combined, but we are happy to extend the larger of two applicable discounts to your order. Select services are available at discounted prices as part of a pre-paid series of either 6 or 12. Each series is subject to expiration and is intended for individual use. Ask for details.

PRODUCT OFFERINGS

The Retreat is proud to use and sell some of the finest and most results-oriented personal care products available on the market. These include facial skin care by **Image Skincare** and **FarmHouse Fresh**, cosmetics by **Jane Iredale Minerals**, hair care by **Moroccan Oil**, body products by **FarmHouse Fresh** and **Pure Fiji**, plant-based remedies by **Kneipp**, scented candles by **Swan Creek**, plus sweets from **Abdallah** and affordable bath products by **Greenwich Bay** that are great for gifting. Exchanges/store credit only with receipt within 30 days of purchase. Sorry, no refunds.

GIFT CARDS + GIFT CERTIFICATES

Gift cards are sold in-store during business hours. Customizable gift certificates are sold online 24 hours a day. All gift cards/certificates are redeemable for the cash value paid and in accordance with prevailing menu prices and offerings at the time services are rendered. Gift certificates, coupons and other special offers are subject to an expiration date which is strictly enforced.

TIPS + CUSTOMER SERVICE

Gratuity (or tips) equaling 15-20% of the order total is customary for good service. For parties of 4+, an 18% gratuity is required. Your satisfaction is our priority. If for any reason you are dissatisfied, a Customer Service Manager is happy to discuss ways we could have served you better.



Louisiana State Board of Massage Therapy Establishment License #E-758
www.TheRetreat-BR.com (225) 761-4567
8831 Bluebonnet Blvd Baton Rouge, LA 70810

Serious Relaxation
The RETREAT



Since 2010, The Retreat is your escape to comfort, relaxation, and rejuvenation. Treat yourself to something special ... you deserve it!


The RETREAT
Serious Relaxation

Whether you arrive solo, with a companion, or with a group, expect a friendly, professional, and experienced staff to pamper and indulge you with a massage or a combination of treatments.

Enjoy a comfy spa robe and complementary beverages including mimosas, or champagne, wine, or beer. After your massage, build on the therapeutic benefits of your visit by spending time in the dry heat sauna.

Whatever your pleasure, you'll appreciate the results-oriented treatments delivered by an experienced staff and the extras of our relaxing spa environment.



MASSAGE

COMPANION/COUPLES MASSAGE

A relaxing Swedish massage with hot towels and stones

SIGNATURE (60 min) \$200/couple
RETREAT (90 min) \$300/couple
ULTIMATE (120 min) \$400/couple

RAINBOW MAKER™ WARMING HEMP OIL MASSAGE

SIGNATURE (60 min) \$120 RETREAT (90 min) \$175

CUSTOM THERAPEUTIC MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150 ULTIMATE (120 min) \$190

SWEDISH MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150 ULTIMATE (120 min) \$190

DEEP TISSUE MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150 ULTIMATE (120 min) \$190

HOT STONE MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150 ULTIMATE (120 min) \$190

PRENATAL MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150

CUPPING THERAPY

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150

LYMPHATIC MASSAGE

SIGNATURE (60 min) \$95 RETREAT (90 min) \$150

DREAM AWAY MASSAGE

RETREAT (90 min) \$150

ADD ONS FOR MASSAGE

RAINBOW MAKER™ WARMING HEMP OIL +\$25
MOROCCANOIL TREATMENT FOR SCALP +\$15
COCONUT CRUSH SCRUB FOR HANDS or FEET +\$15

Please call (225) 761-4567 to schedule Add Ons. All Add Ons are not available with online bookings.

BODY TREATMENTS

PURE FIJI COCONUT CRUSH BODY POLISH

SIGNATURE (60 min) \$95

NEW! SEAWEED + CACTUS TONING WRAP

SIGNATURE (60 min) \$95

PURE FIJI GINGER DETOX BODY MASQUE

RETREAT (90 min) \$150

BACK "FACIAL" TREATMENT

\$75

ADD ONS for BODY TREATMENTS

RAINBOW MAKER™ WARMING HEMP OIL +\$25
MOROCCANOIL TREATMENT FOR SCALP +\$15
COCONUT CRUSH SCRUB FOR HANDS or FEET +\$15

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FACIAL AESTHETICS

TRADITIONAL SPA FACIALS

SIGNATURE Facial (60 min) \$95
SIGNATURE Men's Exfoliating/Hot Towel Facial (60 min) \$95
EXPRESS Facial (30 min) \$70
RETREAT Facial (90 min) \$150
BESPOKE Seasonal Facial (90 min) \$175

SPECIALTY TREATMENTS

Zemitz Digital Skinanalysis + Consult (30 min) \$150
HydroLuxx 3-in-1 Facial (60 min) \$150
Acne/Teen Facial (40 min) \$70
Back "Facial" Treatment (40 min) \$75
The Orient EXPRESS Facial (30 min) \$70

MECHANICAL + CHEMICAL RESURFACING

Chemical Lift (30 min) \$90
Chemical Lift with Consultation (45-55 min) \$135
Dermaplane Facial (50 min) \$80
DermaLift {Dermaplaning + Chemical Lift} (60 min) \$115
O2 Lift Oxygenating Facial (45 min) \$90
Microdermabrasion – Face/Neck (30 min) \$80
MicroLift {Microderm + Chemical Lift} (60 min) \$115
O2 MicroLift {Microderm + Oxygenating Facial} (60 min) \$115
O2 DermaLift {Dermaplane + Oxygenating Facial} (60 min) \$115

ADD ONS for FACIAL TREATMENTS

LightStim™ ProPanel LED Light Therapy +\$40
Coconut Crush Scrub for Hands or Feet +\$15 Extractions +\$25
Décolleté Treatment +\$25 Dermaplaning +\$40
Deluxe Eye + Lip Treatment with 24-Kt Gold Masks +\$25
Microdermabrasion +\$40 MoroccanOil Scalp Treatment +\$15

All Add Ons are not available for online bookings. Please call (225) 761-4567 to schedule.

LASHES + BROWS

Lash Tint (15 min) \$25
Lash Lift (40-60 min) \$85
Lash Lift + Tint (60-75 min) \$99
Eyebrow Shaping with Wax \$25
Eyebrow Tinting \$25
Brow Lamination \$85
Brow Lamination + Tint \$99

MAKEUP + TEETH WHITENING

Makeup – Color Matching/Consultation (15 min) \$25
Makeup Application/Lesson – Standard/Everyday (60 min) \$95
Makeup Application – Extended/Special Occasion (90 min) \$150
LED Teeth Whitening by Bleach Bright (30 min) \$65

HAIR REMOVAL – WAXING

Arms (full) \$60 Chest \$55 Legs (full) \$80
Arms (half) \$35 Chin \$10 Legs (half) \$45
Back \$50 Eyebrows \$25 Lip \$10
Bikini \$40 Face \$50 Sideburns \$15
Brazilian \$55+ Underarms \$25

SPA PACKAGES

Spa packages combine two or more of our most popular spa services designed to rejuvenate the face and body. Adult guests are welcome to enjoy complementary champagne, wine, beer, or mimosas, plus a spa robe and flip-flops, private locker, and use of the sauna and shower upon request. Some substitutions are allowed.

PICK 2

Choose 2 of the following SIGNATURE services:
SIGNATURE Massage (Swedish, Hot Stone, Deep Tissue, Prenatal); choice of SIGNATURE Pure Fiji Coconut Crush Body Polish or NEW! Seaweed + Cactus Firming Wrap; and choice of customized SIGNATURE Facial or SIGNATURE Men's Hot Towel Facial.
\$190

PICK 3

Choose 3 of the following SIGNATURE services:
SIGNATURE Massage (Swedish, Hot Stone, Deep Tissue, Prenatal); choice of SIGNATURE Pure Fiji Coconut Crush Body Polish or NEW! Seaweed + Cactus Firming Wrap; and choice of customized SIGNATURE Facial or SIGNATURE Men's Hot Towel Facial.
\$285

QUEEN FOR A DAY

Enjoy approximately 5-1/2 hours of spa time with three extended services: RETREAT Massage (Swedish, Hot Stone, Deep Tissue or Prenatal); RETREAT Pure Fiji Ginger Detox Body Masque; and RETREAT Facial.
Includes lunch Mon - Thurs only.
\$465

TAKE 2 For Companions

Enjoy a SIGNATURE Companion/Couples Massage plus your choice of SIGNATURE Pure Fiji Coconut Crush Body Polish or NEW! Seaweed + Cactus Firming Wrap, customized SIGNATURE Facial or SIGNATURE Men's Hot Towel Facial.

NOTE: Facials are performed in separate service rooms. Please call for assistance with booking.

\$390/couple

TAKE 3 For Companions

Extended pampering for face and body. Enjoy a SIGNATURE Companion/Couples Massage; choice of SIGNATURE Pure Fiji Coconut Crush Body Polish or NEW! Seaweed + Cactus Firming Wrap; plus choice of customized SIGNATURE Facial or SIGNATURE Men's Hot Towel Facial.

NOTE: Facials are performed in separate service rooms. Please call for assistance with booking.

\$580/couple

ADD ONS for SPA PACKAGES

RAINBOW MAKER™ WARMING HEMP OIL +\$25
MOROCCANOIL TREATMENT FOR SCALP +\$15
COCONUT CRUSH SCRUB FOR HANDS or FEET +\$15

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